

TIPS TO SURVIVE IN 2005

January *Understand Terrorism*

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 _{/30}	24 _{/31}	25	26	27	28	29

February *Actions for Threat Levels*

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20	21	22	23	24	25	26
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March *Tune In!*

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27	28	29	30	31		

April *Be Aware! WMDs!*

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May *Take Cover!*

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29	30	31				

June *Have a Safe Trip!*

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July *Stay or Go!*

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24 _{/31}	25	26	27	28	29	30

August *Be Safe at Work*

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September *ABC's of School Preparedness*

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25	26	27	28	29	30	

October *Stop, Think, Look, Act!*

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23 _{/30}	24 _{/31}	25	26	27	28	29

November *Get Involved!*

S	M	T	W	T	F	S
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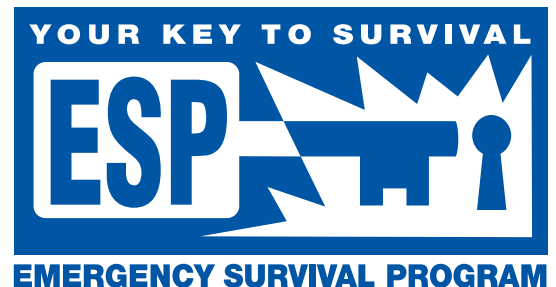
December *Give a Gift of Life*

S	M	T	W	T	F	S
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25	26	27	28	29	30	31

www.espfocus.org

For more information call:

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Developed by the County of Los Angeles and coordinated by the Counties of Contra Costa, Imperial, Inyo, Kern, Los Angeles, Marin, Mono, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, Santa Cruz, and Ventura, the Governor's Office of Emergency Services, Southern California Edison, the Southern California Earthquake Center and the American Red Cross.

YOUR KEY TO SURVIVAL



TIPS TO SURVIVE IN 2005

AGAINST TERRORISM

Use the Emergency Survival Program (ESP)'s new list of monthly steps as your guide for preparing for the possibility of a terrorist incident or other emergency. Additional information is available in the monthly ESP Focus information sheets at www.espfocus.org.

January

Understand Terrorism

Fear is a major tactic used by terrorists to achieve political and social objectives. But the terrorists are not in charge. You can fight back by taking many of the same actions you would to prepare for earthquakes, fires and other emergencies. Knowledge is power. The more you understand about terrorism, the better you can respond.

February

Actions for Threat Levels

The world has changed since September 11, 2001. We remain a nation at risk to terrorist attacks. There are five levels on the Homeland Security Advisory System. They are: low, guarded, elevated, high, and severe. At any level we should be vigilant and prepared for a terrorist attack.

March

Tune In!

One of the most important things you can do immediately following an emergency is to tune in to your local radio or television station for possible life-saving information. Knowing what is going on around you will help to increase your chance of surviving. Always follow the advice of local authorities who will provide you with updates.

April

Be Aware! WMDs!

Terrorists could use a variety of methods to spread fear and illness among the public. Chemical, biological and radiological threats are known as Weapons of Mass Destruction (WMDs). Be aware and know what to do if these types of emergencies occur. This could help to reduce your risk of death or injury.

May

Take Cover!

In recent years, bombs have been one of the most popular weapons used by terrorists to cause fear, deaths and injuries. You can increase your safety by being alert to your surroundings. Do not touch, move or handle any suspicious object or package. Learn the steps you should take before, during and after a bomb threat and how to take cover if needed.

June

Have a Safe Trip!

Personal safety and security are of utmost importance whenever you travel. Government agencies have focused considerable attention on travel safety over the past few years. Learn what you can do to have a safe trip. Always be alert and aware of your surroundings, keep your luggage with you at all times, and never accept packages from strangers.

July

Stay or Go!

During an emergency you may be asked to "shelter in place" (stay indoors or inside your vehicle) or to evacuate (leave the area of impact). Learn the difference between the two and always follow the instructions of local officials who will provide you with information on whether it's safer to stay or go. Taking the proper action in any emergency may reduce your risk of death and injury.

August

Be Safe at Work

None of us knows where we'll be when the next disaster or act of terrorism occurs. If you're at work, you'll need to have emergency supplies with you in case transportation routes are damaged and you're unable to leave. You may have to remain where you are for several hours or days. Now is also the time to review and practice your workplace emergency response plan.

September

ABC's of School Preparedness

Schools should have emergency response plans to meet the threat of terrorism and other emergencies. These plans should be updated and exercised regularly. Emergency supplies, such as water, food and other basic items, are also an important part of school preparedness. If you're a parent or guardian, make sure your child's school is well prepared.

October

Stop, Think, Look, Act!

Terrorists may target places where large numbers of people gather. Prior to an attack, they may try to blend into the community. Terrorists want to disrupt our lives, but don't give them the satisfaction. Continue to live your life, but be aware of your surroundings. Remember to stop, think, look and act by reporting any suspicious activities to your local officials.

November

Get Involved!

Your ability to reduce the impact of a terrorist attack or other emergency on your family and community may depend on how well you use community resources prior to, during, and after an event. Now is the time to get involved. Contact your local emergency services organization now to find out how they can help you to better plan and prepare.

December

Give a Gift of Life

Show your care! If you're having trouble deciding what to get a family member, friend or coworker for the holidays, birthday or other occasion, a survival gift might be the answer. Items such as portable radios, flashlights, first aid kits, fire extinguishers, and lightsticks for children are great gift-giving ideas. They might also be gifts of life after the next disaster.

Additional campaign materials are available through your local City/County Office of Emergency Services

www.espfocus.org